

Graduate Students Mentoring Scheme

The scheme offers individualised matching between a mentee (graduate student) and a mentor.

Phase 1 will begin with 3rd year students entering their 4th year in Oct 2019, being paired with Postdoc mentors.

We will then look to roll this out to 1st/2nd year students, following review of this pilot scheme. Your time commitment as a mentee/mentor:

- Fill in a form to sign-up to the scheme (15 mins)
- All mentees and mentors are required to attend a 1.5 hour training session
- Meetings between mentees and mentors last 30–60 minutes per meeting, with 4-6 meetings held over the year

To take part in the mentoring programme, please download the relevant form and return to: Jo Jack (Mentee forms), sci-phd@stemcells.cam.ac.uk or Abi Herrmann (Mentor forms), scicoord sci-coordinator@stemcells.cam.ac.uk

The scheme will focus on Developmental Mentoring, where a student and their mentor work together and create solutions and action plans for successful career progression and personal development. Successful mentoring can lead to increased productivity, career satisfaction and greater reported self-efficacy in the mentee.

The scheme:

- Both mentors and mentees receive training prior to being paired up
- Students are individually matched with a mentor working in a related but different research area
- Mentors and mentees meet a minimum of 4 times (~1hr per session), over the year
- The meetings and their contents are driven by the student
- All meetings are confidential

For more information please visit <https://www.stemcells.cam.ac.uk/about-us/equalityanddiversity> or email Jo Jack, sci-phd@stemcells.cam.ac.uk or Abi Herrmann, sci-coordinator@stemcells.cam.ac.uk